

Mrs B, one of our participants sustained a significant brain injury many years ago after a car accident affecting her vision and resulting in the amputation of a limb. After attending a course specifically for people with an acquired brain injury, she was approached to return as a Group Leader. Part of the group leader's role is to motivate and keep the group focussed as well as delegating tasks such as dishes and generally ensuring smooth running of logistics, motivating people to be ready on time etc.

At the end of her course as Group Leader, Mrs B wrote the following in her diary:

“The course makes me feel more of my own person. A lot of the people in my world think my life is boring and useless so are gobsmacked when I can prove I've done activities on the course that they wouldn't even consider trying.”

“I loved being Camp Mother as I am a participant, not a sit on the side person. I just realized how much I get told to go sit down as it's easier not having me help and how they don't like to see me doing things like at family affairs, Xmas etc. I think I might just tell them where to go in future. I certainly won't let myself shrink inside. Thank you Back-Up.”

“If I win Lotto, after the mortgage is paid I'd give the rest to Back-Up so you can give more people this opportunity!”

